



my little book of blessings

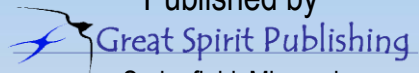
by Barbara Callahan Quin

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"I will bless them and the places surrounding
my hill. I will send down showers in season;
there will be showers of blessing."

~ Ezekiel 34:26





how to use “my little book of blessings”

This Presentation is adapted from *my little book of blessings and prayers* journal and contains about half of the quotes and scriptures contained in the original printed journal edition. The difference is this e-booklet format allows you to have carefully selected inspirational material as close as your computer screen or document viewing device of your choice for easy reference at anytime. All you have to do is open the booklet and allow the verses to be presented to you.

Keep these spiritual insights close; whenever you need a boost, simply open and read through a few verses – you will feel better within minutes as you absorb the Truth revealed in these scriptures. Read them. Study them. Remember them. These are gems you can refer back to many, many times and get a different understanding each time. Your mind will open to new ideas and realizations as your heart answers the call of the spiritual invitation contained herein. What is that

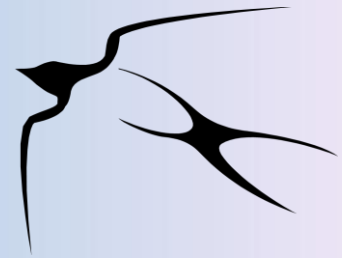
invitation? Simply put: to be at peace with your life, to know that Spirit-God loves you, and to welcome into manifestation the dreams of your heart.

Each quote has been carefully selected for you. And remember, there is no right or wrong way to pray, so allow yourSelf to explore the concept. Read the quotes and reflect – what do they mean to you? They are seeds – allow them to take root in your consciousness. Nurture them with your thoughts and prayers. How can you incorporate their lessons into your life today?

my little book of blessings and prayers journal is available on our website and at www.amazon.com; it includes journaling space for your thoughts and prayers. in the meantime, enjoy this gift to you. We hope it will help you realize how much Spirit loves you.

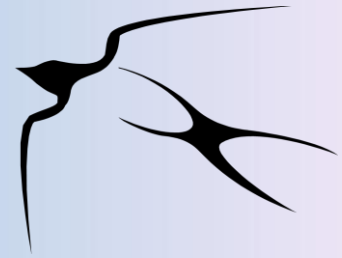
May you be blessed and inspired by the Grace of Spirit flowing freely through your life today and always!

With Love Always, Barbara



"For You alone my soul awaits, my God,
Creator mine; express in me Divinity, and
make my Will as Thine."

~ *Grace White Feather*



"He set my feet on solid ground...
He has given me a new song to sing."
~ *Psalm 40:3*



"And you shall remember the Lord your God, for it is He who gives you the power to get wealth."

~ *Deuteronomy 8:18*



"Finally, brothers, rejoice. Be restored, be encouraged, be of the same mind, be at peace, and the God of love and peace will be with you."

~ 2 Corinthians 13:11



"The Lord will fulfill His purpose for me."
~ *Psalms 138:8*

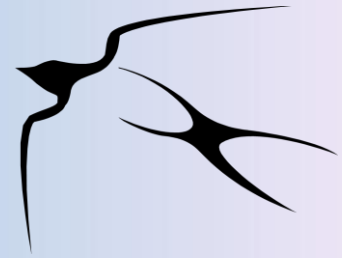


Love...

heals

all

things...



"Ask, and it will be given to you; seek, and you shall find; knock, and the door will be opened to you."

~ *Matthew 7:7*



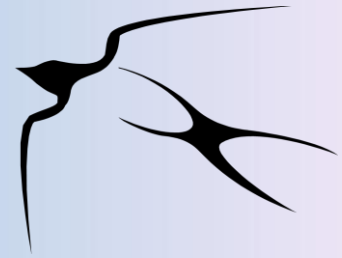
"Jesus replied, 'I tell you the truth, if you have faith and do not doubt, not only can you do what was done to the fig-tree, but also you can say to this mountain, "Go, throw yourself into the sea," and it will be done. If you believe, you will receive whatever you ask for in prayer.'"

~ Matthew 21:21-22



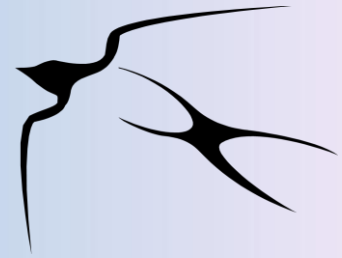
"Teach me your way, O Lord, that I may walk in your truth; give me an undivided heart to revere your name."

~ *Psalms 86:11*



"And now abideth faith, hope, charity,
these three; but the greatest of these is
charity."

~ 1 Corinthians 13:13



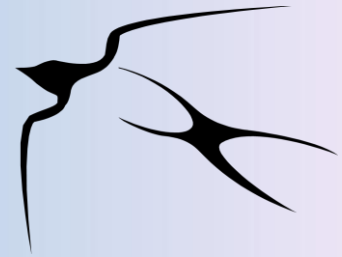
"And suddenly there was with the angel a multitude of the heavenly host praising God, and saying Glory to God in the highest, and on earth peace, good will toward men."

~ *Luke 2:13-14*



"Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I lift up my soul."

~ *Psalms 143:8*



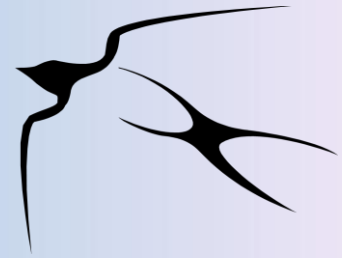
"Yea, though I walk through the valley of
the shadow of death, I will fear no evil:
for thou art with me; thy rod and thy
staff they comfort me."

~ *Psalm 23:4*



"Prayers go up and blessings come down."

~ *Yiddish Proverb*



"As a man thinks in his heart, so is he."

~ *Proverbs 23:7*



"Let us run with endurance the race that is set before us."

~ *Hebrews 12:1*



Love...

...heals all things...





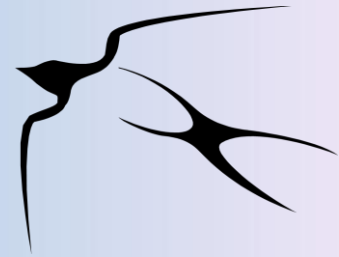
"In all they ways acknowledge him, and
he shall direct thy paths."

~ *Proverbs 3:6*



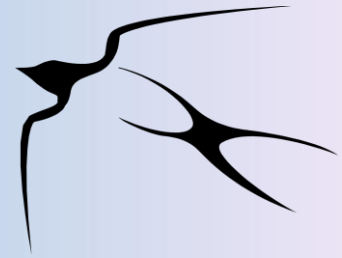
"And you will know the truth, and the truth will make you free."

~ John 8:32



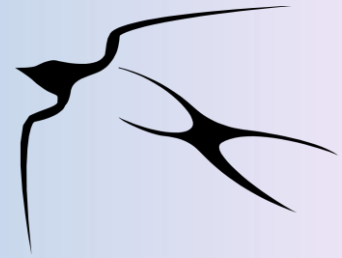
"Let your speech be always with grace,
seasoned with salt, that ye may know
how ye ought to answer every man."

~ *Colossians 4:6*



"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

~ *Isaiah 41:10*



"Commit to the Lord whatever you do,
and your plans will succeed."

~ *Proverbs 16:3*



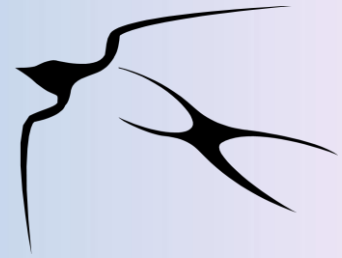
Love...

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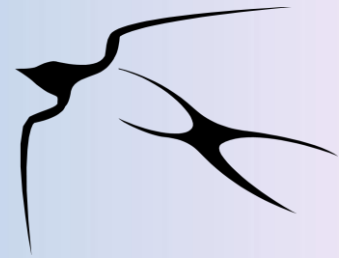
"Go confidently in the direction of your dreams. Live the life you have imagined."

~ Henry David Thoreau



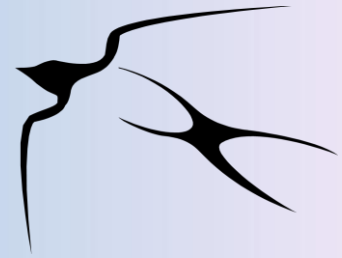
"For you have been my hope, O
Sovereign Lord, my confidence since my
youth."

~ *Psalms 71:5*



"I will bless them and the places
surrounding my hill. I will send down
showers in season; there will be showers
of blessing."

~ *Ezekiel 34:26*



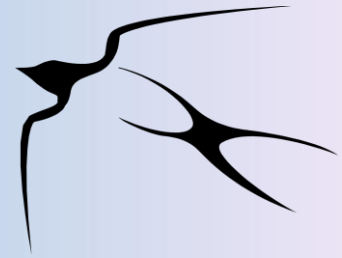
"If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible to you."

~ *Romans 1:17*



"Thy word is a lamp to my feet, and a
light to my path."

~ *Psalms 119:105*



"He shall cover thee with his feathers, and
under his wings shalt thou trust: his truth
shall be thy shield and buckler."

~ *Psalms 91:4*



Love...

...heals all things...



"But blessed is the man who trusts in the Lord, whose confidence is in him."

~ Jeremiah 17:7



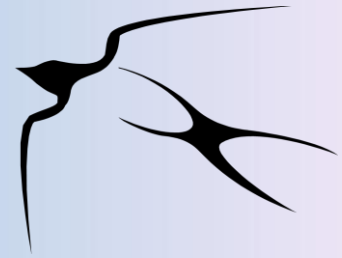
"Everything is possible for him who believes."

~ *Mark 9:23*



"There is no fear in love; perfect love
casteth out fear."

~ 1 John 4:18



"Trust in the Lord with all your heart; and
don't lean on your own understanding.
In all things acknowledge him, and he
shall direct your way."

~ *Proverbs 3:5, 6*



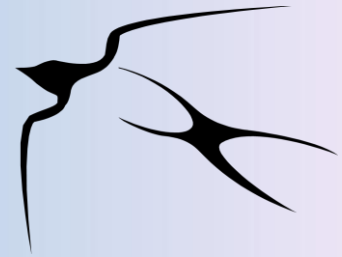
"But seek ye first the kingdom of God,
and his righteousness; and all these things
shall be added unto you."

~ *Matthew 6:33*



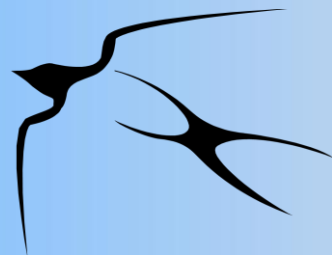
"Don't you know that you yourselves are God's temple and that God's spirit lives in you?"

~ 1 Corinthians 3:16



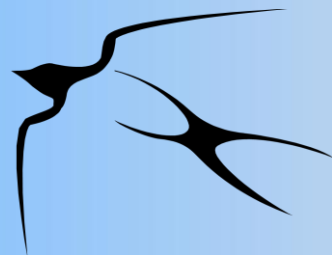
"Therefore all things whatsoever ye would that men should do to you, do ye even so to them: for this is the law and the prophets."

~ *Matthew 12:12*



"Finally, brethren, whatever is true,
whatever is honorable, whatever, is right,
whatever is pure, whatever is lovely,
whatever is of good repute, if there is any
excellence and if anything worthy of
praise, let your mind dwell on these
things."

~ Philippians 4:8



GodSpirit,

Thank You for being with me in this Journey called Life.
Thank You for Your Blessings showering upon me every day.
Allow me to be a reflection of Your Loving Presence
And make me ever Thankful for the Gifts
You have bestowed upon me, now and forever.
Amen

Dear Friend, we hope you have enjoyed using *my little book of blessings*, Continue referring to the quotes and scriptures contained herein for they were selected especially to bless you. Whenever you feel uncertain about something in your life, you may receive encouragement by turning to this little book and randomly selecting a page. As you open the file, think of a number between 6 and 43, then go to that page. Take note of the scripture or quote on that page, for it will have significant meaning to your life at that moment. If at first you question the relevance, simply stop, breathe, and allow your heart to open to the wisdom and guidance of Spirit.

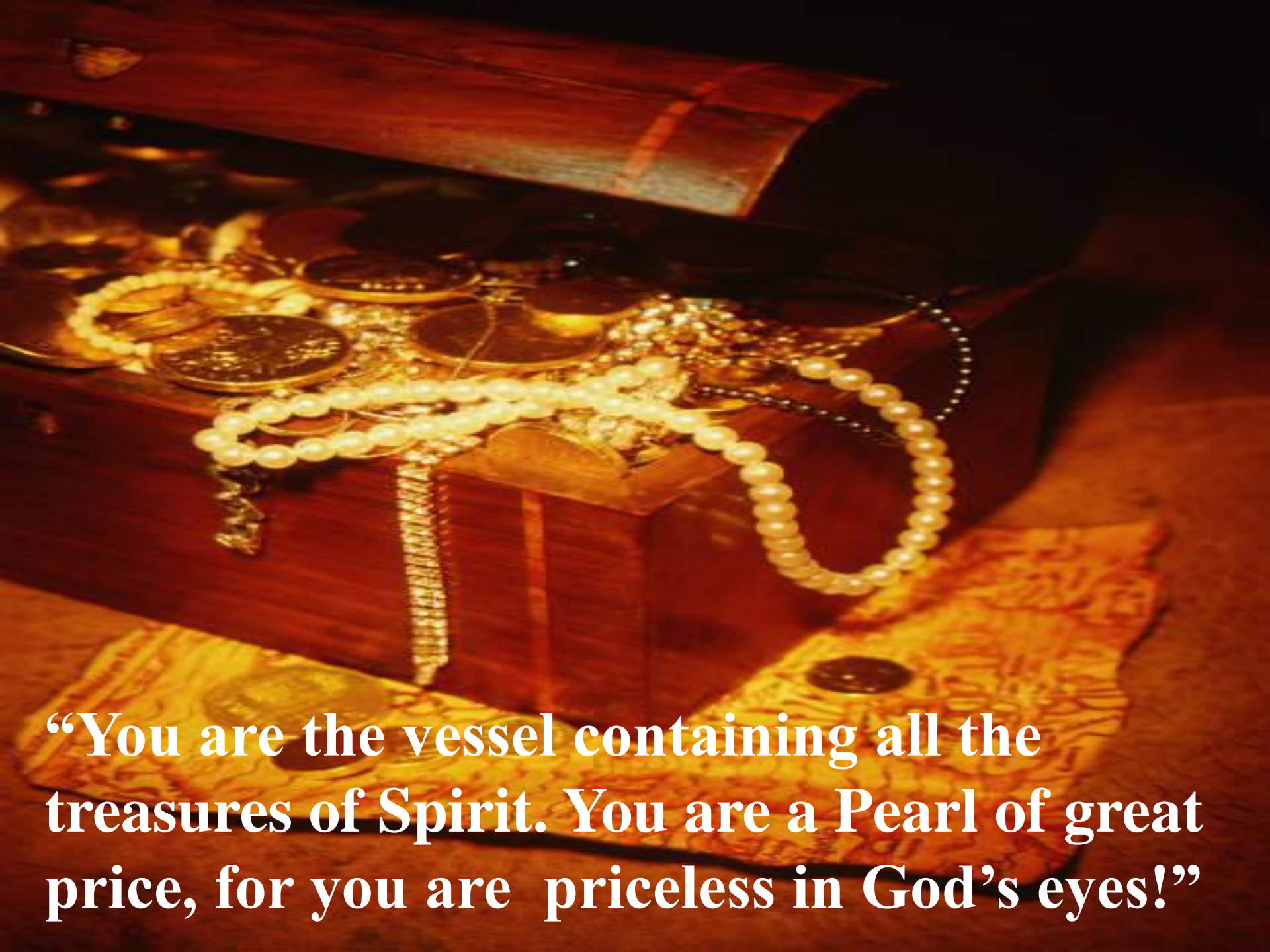


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“You are the vessel containing all the treasures of Spirit. You are a Pearl of great price, for you are priceless in God’s eyes!”